

MODULE 3

DRUG TREATMENT & FOLLOW UP IN HEART FAILURE

June 30th – July 2nd 2016

University Hospital Zurich, Switzerland

THURSDAY, June 30th

Venue: Kleiner Hörsaal Pathologie

09:30 - 10:00 REGISTRATION

09:45 - 10:00 coffee

10:00 – 10:05 WELCOME

T.F. Lüscher

10:05 – 10:10 LEARNING OBJECTIVES

F. Ruschitzka

10:10 – 10:30 REVIEW EXAM MODULE 2, Questions & Answers

L. Tchambaz, F. Ruschitzka

CHAIR: S. Solomon, K. Swedberg

10:30 - 12:40 LECTURE I *Treatment – A general approach*

10:30 - 10:50 Diagnosis & treatment of heart failure – the guideline basics

G. Filippatos

10:55 - 11:20 Modulating the renin angiotensin aldosterone system

S. Solomon

11:25 - 11:50 Blocking the sympathetic nervous system

K. Swedberg

11:50 - 12:35 Q&A / Roundtable

All speakers

12:40 - 13:25 lunch

13:25 - 15:30 RAPID FIRE SESSION I Treatment – Cases

Local team USZ

Parallel sessions - rotation at 5 clinical stations

Tips & tricks general pharmacotherapy

G. Kullak-Ublick

Tips & tricks blocking the renin angiotensin system

A. Flammer

Tips & tricks blocking the sympathetic nervous system

F. Enseleit

Renal failure and chronic heart failure

M. Frank

Ischemic cardiomyopathy (STICH trial)

O. Gaemperli

15:30 - 15:45 coffee

15:45 - 17:50 LECTURE II *Treatment – the old and the new*

15:45 - 16:05 Acute heart failure: What works?

G. Filippatos

16:10 - 16:30 Heart rate reduction: Beta-blockade and If-channel inhibition

K. Swedberg

16:35 - 16:55 Novel drugs in chronic heart failure

S. Solomon

17:00 - 17:50 Questions & Answers / Roundtable

All speakers

17:50 - 18:00 coffee

18:00 - 19:00 'MEET THE EXPERTS' I

F. Ruschitzka

Clinical cases presented by participants

18:00 - 18:10 Fight of flight

K. Keramida

18:10 - 18:20 Discussion

18:20 - 18:30 Between Scylla and Charybdis: how to manage patient with heart failure and comorbidities

A. Klimenko

18:30 - 18:40 Discussion

18:40 - 18:50 Patient delay or physicians gone astray?

S. Kristensen

18:50 - 19:00 Discussion

19:00 - 19:10 CLOSING REMARKS / TAKE-HOME MESSAGES DAY 1

K. Swedberg/ S. Solomon

FRIDAY, July 1st

Venue: Kleiner Hörsaal Pathologie

CHAIR: S. Solomon, K. Swedberg

08:00 - 10:10 LECTURE III *Management of co-morbidities*

08:00 - 08:30	Pathophysiology of cardio-renal interactions	W. Mullens
08:35 - 08:55	Iron deficiency and heart failure	E. Jankowska
09:00 - 09:20	AF and heart failure	J. Steffel
09:25 - 09:45	Diabetes	K. Swedberg
09:50 - 10:10	Questions & Answers /Roundtable	All speakers

10:10 - 10:30 *coffee*

10:30 - 12:20 INTERACTIVE SESSION: “Clinical trials and Drug Development”

How to read and interpret RCT	S. Solomon
Challenges of drug development in heart failure and why we should invest in Heart Failure: The industry perspective	
- Servier	B. Tyl
- Bayer HealthCare	N.Cook-Brunns

12:25 - 12:40 *group picture*

12:40 - 13:25 *lunch*

13:25 - 15:30 RAPID FIRE SESSION II: Case-based learning Local team USZ

Parallel sessions - rotation at 5 clinical stations	
Management of renal function	H. Seeger
Blood pressure in CHF: the low and the high	S. Stämpfli
Management of diabetes	M. Hochuli
Biomarker-guided therapy	C. Müller
Arrhythmia and chronic heart failure	C. Brunckhorst

15:30 - 15:45 *coffee*

15:45 - 17:55 LECTURE IV *Follow up – The patient’s journey in HF*

15:45 - 16:05	Rehabilitation programs in chronic heart failure	M. Hermann
16:10 - 16:30	Biomarker-guided management of chronic heart failure	C. Müller
16:35 - 16:55	Patient management after hospital discharge	C. Angermann
17:00 - 17:55	Roundtable	All speakers

18:00 – 19:00 ‘MEET THE EXPERTS’ II T. F. Lüscher

Clinical cases presented by **participants**

18:00 - 18:10	To be, or not to be, that is the question	A. Wong
18:10 - 18:20	Discussion	
18:20 - 18:30	Dilemma in medical management of patients with chronic kidney disease and HF _{rEF}	A. Çelik
18:30 - 18:40	Discussion	
18:40 - 18:50	When the patient is right	C. Gomes
18:50 - 19:00	Discussion	

19:00 – 19:10 CLOSING REMARKS/ TAKE HOME MESSAGES DAY II K. Swedberg/ S. Solomon

19:30 SOCIAL EVENT / GET TOGETHER

SATURDAY, July 2nd

Venue: Kleiner Hörsaal Pathologie

CHAIR: S. Solomon, K. Swedberg

08:00 - 09:40	LECTURE V <i>Comprehensive care for HF patients</i>	
08:00 - 08:20	Salt and water restriction: beneficial or detrimental	A. Flammer
08:25 - 08:45	Considering comorbidities in the management of heart failure	C. Angermann
08:50 - 09:10	How to collaborate with patients to improve outcome	T. Jaarsma
09:10 - 09:40	Questions & Answers/ Roundtable	All speakers
<i>09.40 – 09.50</i>	<i>coffee</i>	
09:50 - 10:30	'MEET THE EXPERTS' III	T.F. Lüscher / F. Ruschitzka
	Clinical cases presented by participants	
09:50 - 10:00	It is all about the beat	R. Nielsen
10:00 - 10:10	Discussion	
10:10 - 10:20	Treatment of heart failure in Nigeria-Challenges	O. Abiodun
10:20 - 10:30	Discussion	
10.35 – 12.35	HANDS-ON/ DO IT YOURSELF	F. Tanner & local team USZ
	Parallel sessions - rotation at 6 clinical imaging stations	
	Devices (CRT) (echo session)	A. Flammer
	ARVC (echo session)	F. Tanner
	Hypertrophic cardiomyopathy (echo session)	C. Gruner
	CT (case-oriented session)	H. Alkadhi
	MRI (case-oriented session)	R. Manka
<i>12.35 – 12.45</i>	<i>coffee & sandwiches</i>	
12:45 - 13:25	Echo QUIZ	F. Tanner
	Interactive session	Audience interaction
13:25 - 13:30	CLOSING REMARKS/ TAKE HOME MESSAGES DAY III	T. F. Lüscher / F. Ruschitzka

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