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S038

**EXAMINATION OF THE LEVEL OF LIFE SATISFACTION AND
GENERAL SELF-EFFICACY OF THE EMPLOYEES OF PHYSICAL
EDUCATION TEACHERS IN PRIVATE EDUCATION INSTITUTIONS:
MERSİN EXAMPLE**

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ABSTRACT

OBJECTIVE : "Life satisfaction"concept was put forward by Neugarten for the first time (1961), which shows the result revealed by the comparison of people's expectations to the real situations(Yıldız, 1979).

Albert Bandura has described the concept of self-efficacy as " belief to the capacity of the individual in performing a certain task" (Pajares, 1997; Bandura,1994).

The aim of this study is to examine the level of working life satisfaction and general self-efficacy of Physical Education teachers in private educational institutions.

METHODS: The sample of the study consists of a total number of 88 Physical Education teachers working in private educational institutions located in Mersin. So as to identify life satisfaction level,' the Satisfaction with Life Scale'which is adapted to Turkish by Yetim(1991) and developed by Diener and his friends has been used.Besides in order to identify self efficacy level 'General Life Efficacy Scale,' that is developed by Sherer and his friends(1982) and adapted to Turkish Religion by Yıldırım and İlhan(2010) has been used. The obtained data was analyzed in IBM SPSS Statistics 20.0 software. Analysis of the t-test and one-way analysis of variance were used.

RESULTS: Statistically significant difference ($p<0,5$)was confirmed in level of life satisfaction of the teachers according to the variables such as gender, marital status and employment period but on the other hand in general self-efficacy level significant difference ($p>0,5$)wasn't found. There was no meaningful relationship between general self-efficacy and life satisfaction.

CONCLUSIONS: In the study that Karahan and Balat (2011)made on educators working in special education institutions, it is seen that there isn't a significant difference found according to gender and working period.It showed no significant difference in the levels of self-efficacy. This finding supports our work. In subsequent studies, relationships with different psychological tests can be studied.

Keywords: Life satisfaction, self-efficacy, private education, teacher