

# GAI International Academic Conferences Proceedings



Prague, Czech Republic  
September 6-9, 2015



# Table of Contents

Enhancing Global Service Learning through Cultural Humility.....	1
<i>Victoria Calvert</i>	
Applying the Fraud Triangle Model to the Budget Process.....	4
<i>Álvaro Carreras</i>	
3D-Scapes Deliver New Decision-making Perspectives for Management and Economy .....	5
<i>Christopher Wickenden</i>	
<i>Britta Lambers</i>	
Home Sweet Home: The Importance of Solitude and Home Life for Women Who Live Alone.....	6
<i>Samantha Holland</i>	
Size and Determinants of the Fiscal Multipliers in Western Balkans: Comparing Croatia, Slovenia and Serbia.....	7
<i>Milan Deskar-Škrbić</i>	
<i>Hrvoje Šimović</i>	
The Effect of First-time & Repeat Customers' Overall Satisfaction of their Behavioural Intentions .....	8
<i>Meltem Caber</i>	
An Examination of the Effect of Demographic Variables and Personality on Accounting Professionals Valuations of Job Characteristics.....	13
<i>Sanjay Gupta</i>	
Self-study E-learning Inside Versus Outside the Classroom .....	14
<i>Tomoe Watanabe</i>	
IM-11 Scale: An Instrument for Measuring Internal Marketing .....	15
<i>Süleyman M. Yildiz</i>	
<i>Ali Kara</i>	
Structuring Marketing Failures and Errors: A Model of the Cases of Japanese Firms .....	17
<i>Tatsuya Kimura</i>	
Recent Trends and Issues for the Accounting Profession: The case of Japan and U.S.....	18
<i>June Uenishi</i>	
Aggression and Stress Levels of Athletes: Do Gender and Sport Type Have an Effect? .....	19
<i>İhsan Sari</i>	
<i>Mustafa Vural</i>	
<i>Erdi Kaya</i>	
<i>Mehmet Göktepe</i>	
Perfectionism and Motivation in Athletes: Negative Effect of Maladaptive Perfectionism on Motivation.....	20
<i>Murat Sarıkabak</i>	
<i>İhsan Sari</i>	
<i>Hakan Kolayış</i>	
<i>Turhan Toros</i>	
Influence of Maternal Level of Education on Child Survival: A Case Study of Kinango Division of Coast Province, Kenya.....	21
<i>Joyce Muthoni Njagi</i>	

Principles of Social Responsibility in Terms of Sustainable Tourism in Tourism Establishments.....	293
<i>Emel Çınarli</i>	
<i>Yavuz Çakmak</i>	
<i>M. Burak Ceran</i>	
Grounded Theory and Grounded Theory Essays in Turkish Sociology.....	294
<i>Ferhat Arık</i>	
Psychological Flexibility and Self-Compassion: Contributions of Gender and its Association with Adolescent Depression.....	296
<i>Andreia Azevedo</i>	
<i>Ana Paula Matos</i>	
New Insights into Entrepreneurial Leadership Concept Inspired By Passion .....	311
<i>Rafał Kozłowski</i>	
<i>Mariusz Bratnicki</i>	
Education and Global Civil Society .....	326
<i>Susran Erkan Eroğlu</i>	
Social Movements and Crime Responsibility .....	327
<i>Murat Aksan</i>	
A Silent Pathway to Depression: Social Anxiety and Emotion Regulation as Predictors of Depressive Symptoms.....	328
<i>Salvador, M. C.</i>	
<i>Oliveira, S. A.</i>	
<i>Matos, A. P.</i>	
<i>Arnarson, E.</i>	
<i>Craighead, W. E.</i>	
The Relation of Self-Efficacy, Self-Esteem and Assertiveness Levels in Terms of Gender and Duration of Experience in Handball Players .....	346
<i>Fikret Soyer</i>	
<i>Turhan Toros</i>	
<i>Zülbiye Kaçay</i>	
A Study of Need Assessment for Economy and Social Strategic Policy Development at the Province Level for Asian Economic Community .....	347
<i>Thirawat Chantuk</i>	
<i>Jittapon Chumkate</i>	
Ethnic Diversity and the Demand of Federalism within the Identity in Nepal: Discovering the Equidistant Idea to Settle the Possible Disputes.....	357
<i>Balabhadra Rai</i>	
Study on Science and Technology Policy Trend in Korea through Semantic Network Analysis.....	358
<i>Yun Jong Kim</i>	
Does the Size of the Firm Influence the Levels of Investment in Working Capital?.....	359
<i>L. J. Pitt</i>	
Preliminary Feasibility Study Method for a Pilot Plant R&D Program in the Public Sector....	360
<i>Jung Kwon Kim</i>	

# Perfectionism and Motivation in Athletes: Negative Effect of Maladaptive Perfectionism on Motivation

*Murat Sarıkabak, Sakarya University, Turkey*

*İhsan Sarı, Sakarya University, Turkey*

*Hakan Kolayış, Sakarya University, Turkey*

*Turhan Toros, Mersin University, Turkey*

## **Abstract**

The definition of perfectionism involves striving to be perfect and to avoid error. It is a personality trait and occurs when individuals set exceedingly high standards for themselves. Perfectionism could be pathological if the individual is intolerant of making mistakes or failing to keep certain standards. Such perfectionist perceptions make the individual feel that nothing done is good enough and everything should be better (Frost et al. 1990). Therefore the trait of perfectionism has been studied in relation to various outcomes (Bottos and Dewey, 2004; Luyten et al., 2006; White and Schweitzer, 2000; Molnar et al., 2006). The aim of this research was to investigate the relationship between perfectionism and amotivation in athletes. A total of 282 athletes voluntarily participated in the research ( $M_{age} = 20.87 \pm 2.95$ ). 97 athletes were from team sports (34.4%) and 185 (65.6%) athletes were from individual sports. The participants were tested on the Almost Perfect Scale-R which was developed by Slaney et al (2001) and adapted into Turkish by Kağan (2006) to measure perfectionism. Amotivation was measured by the Sports Motivation Scale which was developed by Pelletier et al. (1995) and adapted into Turkish by Kazak (2004). For the data analyses; descriptive statistics, Pearson's correlation analyses and linear regression analyses (enter method) were used. Results showed that standard and order, concern for not reaching standards, and dissatisfaction with success are positively and significantly correlated with amotivation. In addition, result of linear regression analysis revealed that, concern for not reaching standards significantly explained 37% variance in amotivation. In the light of the results it could be said that perfectionism is related to amotivation and more specifically maladaptive form of perfectionism could lead athletes to have higher amotivation scores. Through these understandings, athletes could be approached and trained in a way that can minimize their maladaptive forms of perfectionism.

**Keywords:** Perfectionism, amotivation, athletes